

FALL/WINTER 2025

Welcome HOME

A digital magazine about moving and settling in

Pack Like the Pros

Score tried and true tips for packing your things

Pantry Prowess

Make the most of leftover food with easy meals

Cool Weather Moves

Explore the benefits of an off-season relocation

Mayflower 

Meeting the Neighbors

Explore ways to make new friends at home

Full-Service Moves

See why more Americans leave it to experts

Eyes on Supplies

Know what you need for a seamless move



LETTER FROM THE EDITOR
FALL/WINTER 2025

Finding a Place That Feels Like Home

Choosing a new address is about so much more than changing ZIP codes. It's about choosing the life you want to live — one street, one neighborhood, one city at a time. It's an opportunity to reflect on what really matters, whether it's proximity to loved ones, room to grow, a slower pace, a faster commute or a better view. It's about what you value most — and finding a place that reflects it.

In this issue, we explore the emotional side of moving, from setting priorities to finding a sense of belonging in unfamiliar surroundings. Whether you're trading the city for the suburbs, downsizing for simplicity or chasing a dream across state lines, there's power in aligning your new home with your evolving values.

We know that moving is never just about boxes and logistics. It's about your life story — and helping you turn the page with confidence. Wherever you're headed, we're honored to help you get there.

Warmly,

Jennifer Olvera

JENNIFER OLVERA

Editor-in-Chief

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Fall and Winter Moves

When people think about moving, summer tends to be top of mind. But should moving in the summer always be the default mode? In reality, moving during the fall or winter months can be a smarter, less obvious choice. Let's take a deeper dive into the advantages of moving off-season and some things you should do to prepare.



THE BENEFITS

During fall and winter – at least until the holiday season approaches – the pace is slower and the pressure to be constantly on the go lessens considerably. Think of a fall or winter move as a kind of “soft launch” into your new life before everything starts revving up again in the spring. You can comfortably ease into your new surroundings, slowly get accustomed to your new neighborhood and routines, meet your neighbors and explore the area without the pressure of summer travel or school-year transitions. You can also use the holiday season as an opportunity to unpack, decorate and make the space your own.

Not to be overlooked are the cost savings and scheduling availability. Full-service movers typically have greater scheduling flexibility during the off-season, which means you’re more likely to get your preferred moving date, not to mention better rates. If you’re selling a home, a fall or winter move can also work to your advantage. Serious buyers tend to stay active year-round, and winter listings often stand out more due to lower inventory. If you’re renting, property managers are more likely to offer concessions – like a free month’s rent or reduced security deposit – to fill vacancies before year-end.

Then there’s the matter of the weather. While you need to be mindful of snow and icy conditions in colder climates, many popular move destinations – such as Virginia and the Carolinas – enjoy mild, manageable temperatures well into the winter months. Compared to the heat of July or August, a crisp autumn day can make lifting boxes and moving furniture far more comfortable.

OFF-SEASON TIPS

WATCH THE WEATHER, THE PRECIPITATION – AND THE LEAVES

Fall and winter weather can be unpredictable. Consider setting a reminder to check the weather a week before your move date – and until your movers are scheduled to arrive. Keep an eye on the forecast for rain, snow or high winds so you can be prepared.

Is there ice or a snowstorm in the forecast? Keep the sidewalks and access areas clear. If you don’t have time or the ability to do this yourself, hire a professional.

STAY WARM DURING YOUR COLD WEATHER MOVE



If the heat will be turned off on either end of your move, keep in mind temperatures can drop quickly indoors. So, plan ahead to stay warm.

Dress in layers, wear insulated gloves and bundle up to stay comfortable throughout the day.

It’s smart to keep a few extra pairs of gloves handy in case yours get wet or someone else needs a pair.

COORDINATE UTILITY TRANSFERS

Daylight hours get shorter in the fall and winter. That often means a move can “move” into the twilight hours and beyond. Make sure utilities – especially electricity and heat – are connected at your new home before moving day. That way, you won’t be left in the dark or cold while unloading boxes in the evening.

DONATE WHAT YOU WON’T NEED

As you pack, consider donating gently used clothing and articles that will not be seasonally useful in your new home.

PROTECT ELECTRONICS

Electronics and chilly weather don’t mix. Whenever possible, it’s a good idea to combine your most sensitive electronics into a few boxes and keep them with you in the car, where the heat is on and the temperature is relatively steady. If your electronics do get cold, allow them to come to room temperature before use.



KEEP PETS SAFE AND WARM ON MOVING DAY

Moving day can be hectic – and cold – so it’s best to keep pets out of the hustle. Whether you ask a trusted friend or family member for help or arrange for a short stay at a kennel, your furry companions will be safer and more comfortable away from the action.

BOOK EARLY – IT’S STILL A BUSY SEASON

While fall isn’t as hectic as summer, many people still prefer moving in the off season. Get a quote from your moving company or reserve a truck rental early to lock in availability and favorable rates.



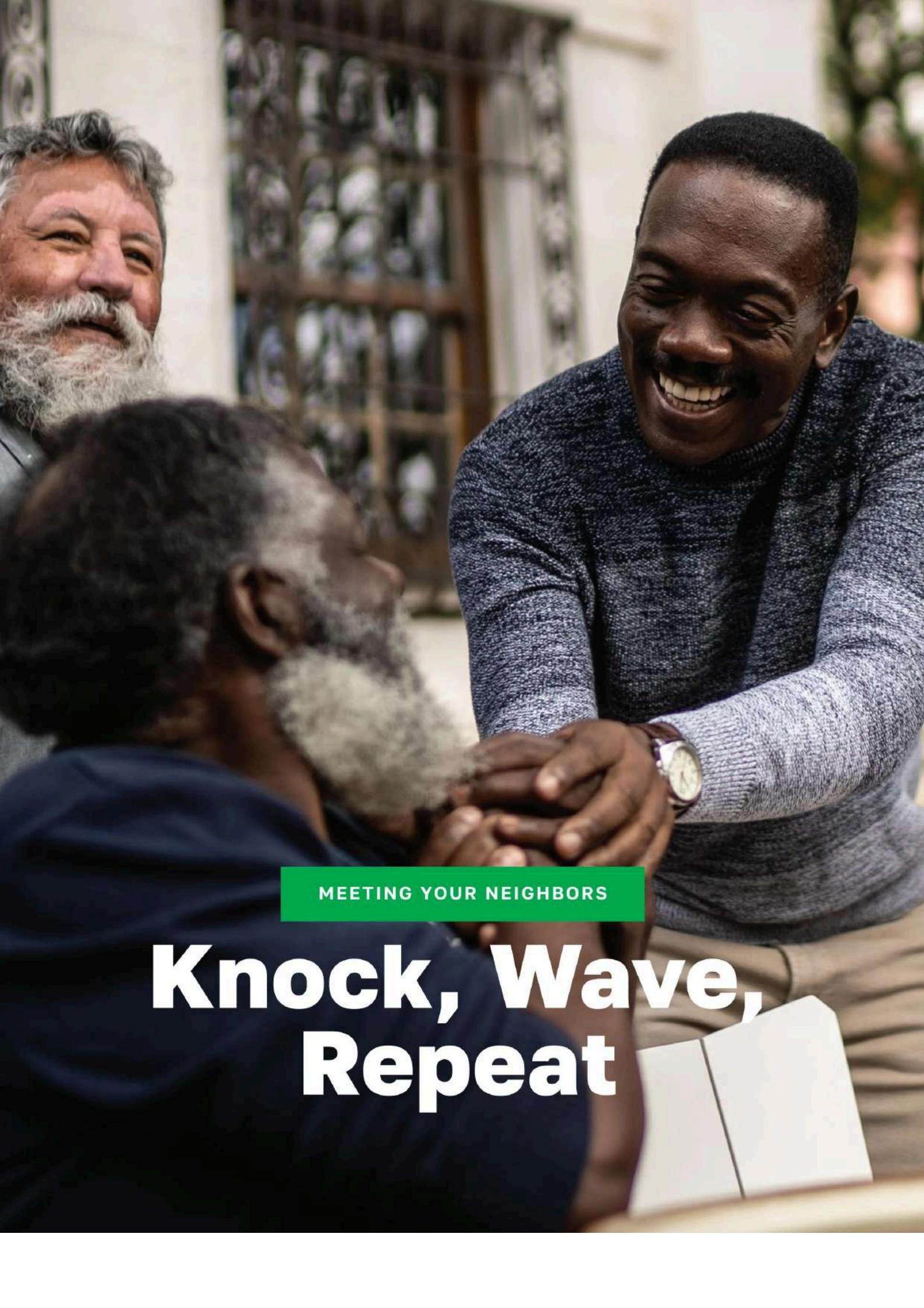
Don’t Lose the Little Things

When you’re disassembling furniture and packing up electronics, it’s easy for small but essential items – like screws, bolts, cords and remotes – to get lost in the shuffle. Our tip? Create a centralized parts box so nothing vital goes missing during your move.

WHAT TO INCLUDE

- Labeled plastic baggies of screws, bolts and fasteners from disassembled furniture or shelving
- TV and entertainment remotes each placed in labeled bags
- Power cords and adapters clearly marked for each device
- HDMI, coaxial and AV cables with labels for their corresponding devices
- Allen wrenches or specialty tools to reassemble furniture
- Furniture legs or feet

Make sure the parts box travels with you or is clearly marked “Load Last” so it comes off the truck quickly on move-in day.

A photograph of three men of different ethnicities and ages smiling and interacting. One man on the left has a full grey beard and is wearing a dark t-shirt. Another man on the right is wearing a grey sweater and a watch, and is holding a white envelope. A third man is partially visible in the background. They appear to be in a residential setting with a bookshelf in the background.

MEETING YOUR NEIGHBORS

Knock, Wave, Repeat

ASK THE EXPERT

Settling into a new home is more than unpacking boxes — it's about finding your place in your community. And while meeting new neighbors might feel a little awkward at first, it's one of the most meaningful steps you can take to feel truly at home. A friendly wave or quick chat can go a long way in turning strangers into familiar faces — and, eventually, friends.

START WITH THE SMALL STUFF

You don't need a grand gesture to make a good first impression. A wave from the driveway, a smile at the mailbox or a quick "hello" while walking the dog can help break the ice. These smaller interactions build trust over time — and open the door for deeper conversations later.

SHOW UP WHERE LIFE HAPPENS

Neighborhoods come with built-in opportunities to connect — whether it's chatting at the local coffee shop, strolling the block or showing up to a community event. Keep an eye out for seasonal happenings like fall festivals, block parties or winter markets. Even just attending shows you're interested in being part of the community.

BORROW (OR OFFER) SOMETHING SIMPLE

The old "cup of sugar" trick still works. Need a tool or a takeout recommendation? Ask your neighbor — it's a natural way to start a conversation. Or flip the script and offer help. A spare rake, homemade casserole or a hand with trash bins during a storm can break the ice in a generous, low-pressure way.

THROW A NO-FUSS GET-TOGETHER

You don't need a Pinterest-perfect setup to be a great host. A casual gathering — like lemonade on the porch, a driveway donut drop-in or a front yard happy hour — can be the perfect setting for introductions. Keep it relaxed and open to all. A simple invite goes a long way in showing you're approachable and invested in the neighborhood.

DON'T BE DISCOURAGED BY SLOW STARTS

Every community has its own rhythm. Some neighbors will be quick to connect, while others might take a little longer. That's okay. Keep showing up, keep saying hello and give it time. Friendships in a new place often grow gradually.

Whether you're hoping for holiday invites or just someone to bring in your mail while you're away, it all starts with a hello. So, take a deep breath, step outside and make the first move. You'll be happy you did. Need more tips to help you settle in? Be sure to [check out our blog](#).

Is it better to finance a move or pay the entire cost at once? Also, what are some of the potential benefits of choosing a payment plan?

It's not a really a case of "better." It's more about choosing the option that works best for you and your circumstances. However, financing services like a move has grown in popularity.

Among other things, financing lets you spread the cost of your move out over time. Rather than adding it to your credit card balance or depleting your savings account, financing your move could mean you'll still have money on hand for expenses like utility deposits, home repairs, painting and decorating supplies, or even buying furniture for your new place. Financing can also free up your cash for expenditures such as closing costs, hotels or short-term housing.

Financing your move can also open the door to a fuller range of full-service moving options — such as packing and unpacking, or storage — that might otherwise be beyond your planned budget. Last but not least, moving finance plans offered by lenders may offer fixed monthly payments. This predictability can be easier to manage within your monthly budget compared to a large one-time withdrawal. And depending on whom you secured your loan through, it can even help improve your credit score.

My advice? Do what's best for you, and if it seems more practical to spread your move costs out over time, there is no downside!

Best wishes for worry-free move!

Mayflower and its agents are not brokers, lenders, agents of lenders, or advisors regarding loans and do not make, process or service loans, make credit decisions or endorse any service, lender or loan product.

Why More Americans are Opting for Full-Service Moves

A new, nationwide study reveals why people opt for full-service moves.



It used to be a rite of passage: Gather your friends, rent a truck, order a few pizzas and hope your couch fits through the door. But a new nationwide study commissioned by UniGroup, the parent company of Mayflower, reveals what many already suspect: More Americans are trading in their DIY “beer and pizza” moves for the peace of mind that comes with hiring a full-service moving company.

According to the 2025 report, which surveyed 1,000 adults across the country, a striking 63% have used full-service movers at least once. And while budget is still a key consideration, it turns out that health, convenience and life transitions are prompting a major shift in moving behavior.

HEALTH FIRST, HELP LATER

The top reason people give up DIY moves? Injury concerns. More than any other factor, respondents said they worry about friends or family pulling a muscle — or worse — while helping them lug heavy furniture. Physical considerations, such as mobility issues or just not wanting to risk it, topped the list of motivators for switching to full-service moving.

24%

cited injury concerns as their primary reason for not asking family or friends to help.

It seems the moment you start worrying about someone hurting themselves carrying your sectional up the stairs, you realize it's time to call the pros.

In fact, 24% of those who wouldn't feel comfortable asking friends or family for help cited injury concerns as their primary reason. That number climbs even higher when people enter their 30s and beyond, with many reporting that age and

accumulated belongings made the DIY route less realistic.

"PIVOT!" PROBLEMS AND OTHER MOVING PAINS

If you've ever had to negotiate a couch through a narrow hallway or down a tricky stairwell, you know the stress of so-called "pivot!" problems. It turns out, professional muscle and know-how go a long way. Maneuvering bulky items and navigating tight spaces was cited as one of the top reasons for using full-service movers.

In today's fast-paced world, time is just as valuable as money.

Also high on the list? Convenience. In today's fast-paced world, time is just as valuable as money. Many respondents said the ease and speed of professional movers outweighed the cost, especially for long-distance or tightly scheduled moves.

Not surprisingly, moving across state lines was

another major driver. With more complex logistics and added stress, 61% of respondents agreed long-distance relocations are best left to the experts.

BREAKING UP WITH THE BUDGET BARRIER

So, what's keeping people from making the switch sooner? Unsurprisingly, price remains the biggest perceived barrier. Among those who wouldn't consider a full-service mover, 77% said it was "too expensive." Others voiced concerns about transparency, reliability and the potential for damaged items.

But those who have made the leap report a different story. More than half said their final costs were in line with expectations. Factors like guaranteed pricing, property protection and strong online reviews helped instill confidence when selecting a moving company.

What helps people feel

61%

stated long-distance relocations are best left to experts.



good about choosing a mover? Transparent pricing, easy booking and clear service packages topped the list, followed closely by a strong reputation and personal referrals.

WHEN LIFE CHANGES, SO DO YOUR MOVING NEEDS

The research also highlights key life events that trigger a shift toward full-service moving. Top moments include job relocations, retirement and health-related changes. But other milestones – like buying a first home, starting a family or simply realizing you've outgrown your "pizza and

beer" era – also prompt people to upgrade their approach.

ULTIMATELY, IT'S ABOUT MORE THAN THE MOVE

Ultimately, moving isn't about getting from Point A to Point B. It's about protecting what matters – your time, your health and your relationships. This latest research shows full-service moving isn't just for the elite – it's for anyone

It's More Than The Move

Ultimately, moving isn't about getting from Point A to Point B. It's about protecting what matters.

ready to ease the burden and embrace a smoother transition.

Whether you're relocating for a new job, downsizing for retirement or are done begging buddies to carry your couch, Mayflower is here to take the weight off your shoulders – literally and figuratively. After all, friends don't let friends strain their backs for a slice of pepperoni.

Half-Packed, Fully Fed

When your kitchen is down to the basic essentials and your fridge is looking sparse, it can be tempting to rely entirely on takeout. But even in the middle of a move, a home-cooked meal — no matter how simple — can provide comfort, routine and a welcome break from the chaos.

Here are a few low-effort, low-mess dinner ideas to get you through those in-between nights with minimal tools, ingredients and stress.



ONE POT PASTAS

If you've got a pot, you've got dinner. Toss dry pasta, water or broth, a pinch of salt, and your favorite mixins — perhaps cherry tomatoes, frozen spinach, garlic, canned tuna — into the pot. Stir occasionally and simmer until the pasta is cooked and the liquid is mostly absorbed. Finish with grated cheese or a dollop of butter if you have it.

SHEET PAN SUPPERS

All you need is a baking sheet, an oven (or toaster oven) and a little creativity. Toss pre-chopped vegetables with olive oil, salt and pepper. Then, add your protein of choice, like chicken thighs, sausage links or even canned beans. Roast at 400 F until everything is golden and cooked through. Bonus: Cleanup is a breeze when you line the pan with foil.

FREEZER FINDS & PANTRY STAPLES

Now's the time to put those frozen dumplings, that boxed mac and cheese, and canned soup to good use. Pair with a quick side salad or some toasted bread, and you've got a no-fuss meal that clears out your pantry in the process.

TIPS FOR SUCCESS

Even with a half-packed kitchen, a bit of planning and a lot of flexibility can go a long way.



Keep one knife, one cutting board, one pan and a spatula unpacked until the final day

Use paper plates and compostable utensils to cut down on dishes

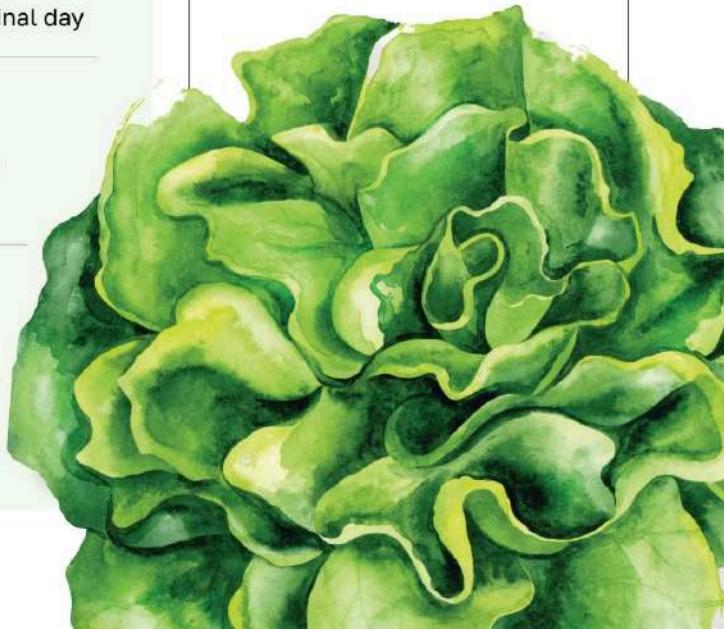
Embrace imperfection — moving week meals don't have to be fancy to do the job

TORTILLA ANYTHING

Tortillas are an MVP of the semi-packed kitchen. Use them for wraps, quesadillas or even makeshift pizzas. Fill them with scrambled eggs and cheese for a quick breakfast-for-dinner or layer in pre-cooked chicken and bagged greens for a satisfying wrap. A pan or microwave is all you need.

BIG SALADS, LITTLE EFFORT

Grab a bag of mixed greens and top with canned beans or tuna, leftover roasted veggies, or whatever odds and ends you have on hand. Drizzle with olive oil and vinegar or your go-to dressing. Don't want to chop? Convenience ingredients are your friend during the week you move.



Make Packing Manageable



QUICK WINS

Packing can feel overwhelming at times. That's why it's important to break the process down into manageable bits. Our moving checklist helps with that. Taking these tips to heart will help, too.

- Label like a librarian
- Write the room name and a brief description of contents on multiple sides of the box
- Set up a "do not pack" zone before you begin
- Keep essentials like meds, keys and phone chargers off-limits to over-eager helpers
- Use what you have
- Pad fragile items with towels, socks and old t-shirts to save on supplies – and space

Pick Your Packing Path

There's no single right way to pack – but there's a right way for you. Our advice? Try packing by mindset.



THE PLANNER

Start packing the least-used spaces first (guest room, basement). From there, work room by room.



THE WEEKEND WARRIOR

Aim to tackle one or two categories per weekend, such as books, pantry items or winter gear.



THE SCRAMBLER

Start with a suitcase of essentials and pick one high-priority zone to tackle per night.

MAYFLOWER TO THE RESCUE

Not sure where to start? We're here to help. From packing up your entire home to just a few fragile pieces, Mayflower's partial and full packing services let you choose what works for you. Prefer to DIY? Our pro video series shows you exactly how to pack each space in your home. Check out our moving and packing  [video library](#) for pro tips.

AVOID THE ROOKIE MISTAKES

- Don't pack cleaning supplies or flammable items – they're  **not allowed** on the truck
- Don't mix tools, liquids or food with electronics
- Don't forget to pack a  **first night** kit with essentials you'll need right away – and keep it with you

PRO TOOLS WORTH GRABBING

Sure, supplies add to the expense of moving. However, investing in essentials saves time and frustration overall. These are a few things you shouldn't overlook.

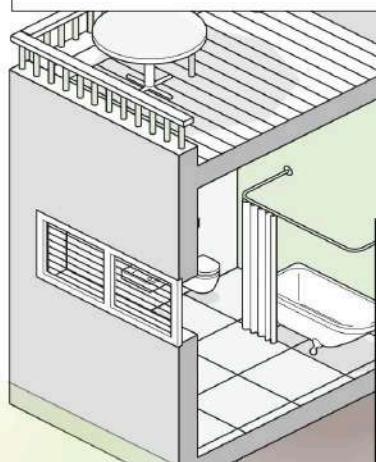
- Tape gun (yes, it's worth it)
- Permanent markers for labeling
- Zip-top bags for hardware and screws
- Plenty of packing paper

ROOM-BY-ROOM PACKING PRIORITIES

Packing one room at a time helps break up the routine while keeping your momentum going and reach the finish line on time.

LIVING ROOM

- Pack books in small boxes
- Wrap TV cords separately and label
- Protect lamps with soft padding and pack shades separately



BEDROOM

- Use wardrobe boxes for hanging clothes
- Pack shoes in original boxes if you have them
- Store jewelry in labeled pouches or pillboxes



KITCHEN

- Use dish packs with grids to protect glassware
- Clearly label boxes containing fragile items
- Use plastic wrap to prevent leaks from open containers



New Traditions, New Address

The boxes are (mostly) unpacked, the furniture is in place, and suddenly, it's the holidays. While the season is often wrapped in nostalgia and long-standing traditions, your first fall or winter in a new home can feel a little different. Maybe your usual gathering spot has changed, or maybe you're celebrating away from family for the first time. Whatever the case, this is your chance to embrace the season with fresh eyes — and maybe even start new traditions of your own.

1 INVITE CONNECTION

Whether you're hosting a small gathering or simply calling home, connection is key. Invite new neighbors over for cider or cocoa. Host a casual potluck with local friends or coworkers. Or keep things low-key with a virtual toast to loved ones back home. There's no one right way to celebrate — what matters is sharing the season in whatever way feels most genuine.

2 LEAN INTO LOCAL

Use the season as an excuse to get to know your new neighborhood. Visit a local pumpkin patch or holiday market. Take a walk to see festive lights. Pick up seasonal produce from a nearby farm stand or grocer. These small outings can help you connect with your community and start building a sense of place.

3 START SMALL, STAY GROUNDED

You don't need a fully decorated house or a perfect tablescape to make the holidays meaningful. Focus on what brings you comfort — familiar scents, favorite recipes or music that sets the mood. Light a candle that smells like home. Bake one dish that tastes like your childhood. These little touchpoints help ground you in the new space, making it feel more like your own.



WANT MORE TIPS
FOR MAKING THE
HOLIDAYS SHINE
AT YOUR NEW
ADDRESS?
CHECK OUT
OUR BLOG

4

MAKE ROOM FOR NEW TRADITIONS

One of the gifts of moving is the chance to rewrite the rules. Maybe this is the year you try a new recipe, decorate differently or swap the big dinner for a cozy brunch. Listen to what this new chapter is calling for — and give yourself permission to let go of what no longer fits.

5

REFLECT AND RESET

The quiet moments between gatherings can be some of the most meaningful. Use them to reflect on your move, your growth and what you're looking forward to in the new year. A new home is a fresh start, and the holidays are the perfect time to settle in and savor it.



The Only **Moving Checklist** You'll Ever Need

Moving is an exciting and life-changing experience. Whether you're relocating for family, lifestyle or work, the process can feel overwhelming with what seems like countless to-dos, checklists and articles.

We've created the only moving checklist you'll ever need, based on nearly 100 years of experience helping customers move across the U.S.

The checklist on the next page is designed for an eight-week timeline. If your move date is sooner, divide the number of days you have left by eight to create a condensed schedule and adjust your tasks accordingly. 



8 Weeks

Before Your Move Date

○ HOUSE HUNT

Search listings, research neighborhoods, define must-haves

○ SELL YOUR HOME

List with a realtor, stage, align closing dates

○ LEASE TRANSITION

Give landlord notice, request deposit return, start roommate search

○ GET ORGANIZED

Make a move folder, set budget, build a timeline

○ GATHER QUOTES

Research movers, request walkthroughs, compare estimates, confirm protection options

7 Weeks

Before Your Move Date

○ FAMILY PREP

Talk to kids, visit new area if possible

○ COMMUTE

Map routes, check parking, find nearby essentials

○ SCHOOL

Notify current school, register at new school, transfer records

○ PETS

Research vets, daycare, dog parks; schedule final vet visit

6 Weeks

Before Your Move Date

○ SECURE DOCUMENTS

Scan/backup files, safeguard IDs, store important papers separately

5 Weeks

Before Your Move Date

○ TRANSFER RECORDS

Transfer medical, dental, vision, prescriptions, pet records

○ WORK

Request time off, update payroll address

4 Weeks

Before Your Move Date

○ DECLUTTER

Trash, donate, sell or shred. Host garage sale or use online marketplaces

3 Weeks

Before Your Move Date

○ UPDATE ADDRESS

Change address on file for banks, subscriptions, insurance, taxes, government, employer



○ CANCEL MEMBERSHIPS

Update or cancel memberships for gyms, clubs and local groups

○ SAY GOODBYES

Schedule time with loved ones, visit favorite spots

2 Weeks

Before Your Move Date

○ PREP HOME

Clean, repair, disassemble furniture, label hardware

○ TRIP PLANNING

Plan route, book hotels, make a playlist, pack essentials

○ HOUSEKEEPING

Return borrowed items, pick up dry cleaning, pay fines

1 Week

Before Your Move Date

○ APPLIANCES

Disconnect, defrost and drain appliances; pack small items; disassemble appliances

○ NEW HOME SERVICES

Set up utilities, internet, contractors

○ MOVE-OUT DAY PREP

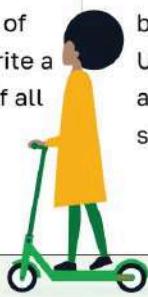
Arrange childcare, meal prep, cash for tips, mark "do not load" items



Move Out Day

○ FINAL STEPS BEFORE YOU LEAVE

Call your mover to confirm their arrival time and have a cooler ready with drinks and snacks to keep everyone energized. As the movers work, direct them as needed and point out any special items that require extra care. Be sure to sign the necessary paperwork, including the Bill of Lading and inventory list. Before leaving, write a welcome note for the new residents, turn off all the lights and lock the doors behind you.



Move In Day

○ GETTING SETTLED RIGHT AWAY

Start by protecting the floors and be ready to guide movers on where to place furniture and boxes. Set up the bathrooms with essentials like hand soap, and do a quick round of basic cleaning before you begin unpacking. If needed, baby-proof the home right away for safety. Unpack your cooler and first-night kit, bring in any personal items from your vehicle, and make spare keys to ensure you're fully settled.

First Week in Your New Home

○ STOCK UP

Buy groceries and household essentials to get started.

○ CLEAN YOUR NEW HOME

Do a quick deep clean of floors, windows and surfaces, or hire a service if you prefer. Make sure your address is visible and schedule any extras like chimney servicing.

○ SET UP SAFETY AND SECURITY

Install or research security systems, and change batteries in smoke and carbon monoxide detectors.

○ FURNISH AND ORGANIZE

Make a shopping list for furniture and décor, learn where nearby emergency services are, and file claims if anything was damaged during the move.

○ BEGIN UNPACKING

Start with essentials like dishes, toiletries and clothing. Reassemble furniture, involve kids in setting up their rooms, and declutter again as you unpack.

○ SORT DOCUMENTS AND ACCOUNTS

Confirm address changes, open new accounts, register to vote, update your license, register pets, and learn your trash and recycling schedule.

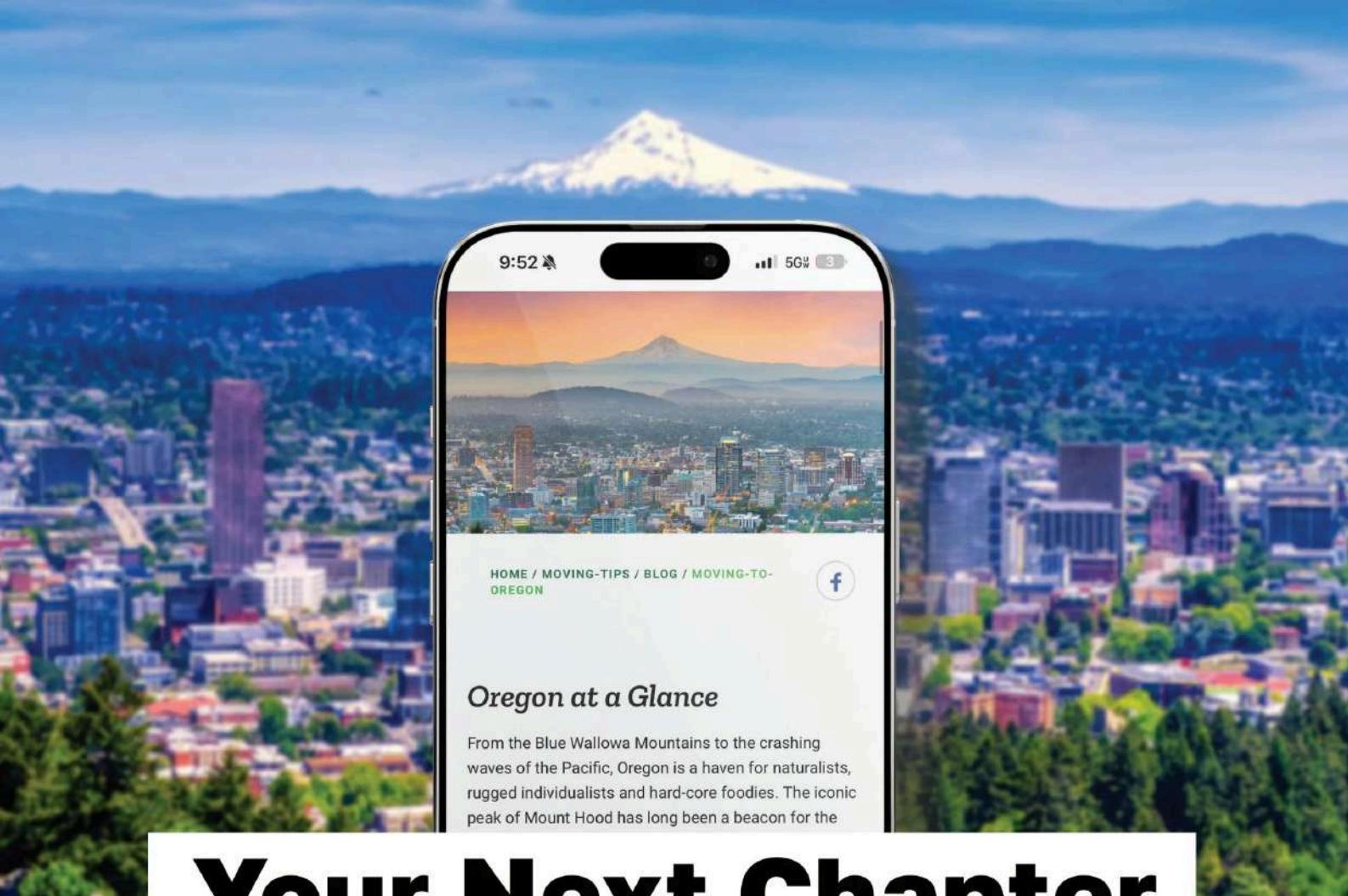
○ SETTLE IN

Meet your neighbors, set up playdates, leave reviews, thank your realtor and explore your new community.

Two smartphones are shown from a top-down perspective, slightly angled towards each other. Both screens display a mobile application interface with text and images related to neighborhood exploration. The background of the entire block is a dark teal color.

READY TO EXPLORE YOUR NEW NEIGHBORHOOD?

Our city and state guides will help you feel like a local from the moment you arrive.



Your Next Chapter Starts Here

Exploring Mayflower's City and State Guides with Fresh Eyes

Moving somewhere new? You're not alone. Each year, thousands of Mayflower customers pack up and put down roots in cities and states they've never called home — yet. Whether you're chasing career opportunities, sunshine, a slower pace or a stronger sense of community, the decision about where to go matters just as much as how you get there.

That's where our **City and State Guides** come in. A curated jumpstart, the collection of insights is designed to spark curiosity, ease doubt and

help you picture life in a new place.

We've spotlighted everything from up-and-coming metro areas and hidden gem suburbs to coastal retreats, affordable hubs and places perfect for remote workers. But what sets these guides apart is how they frame the move as more than a logistical leap — it's a lifestyle shift. They help you weigh the practical (cost of living, job market, home prices) against the personal (vibe, pace, people).

Already narrowed it down to a city? Use the guides to get a feel for neighborhood culture, weather patterns, commuting quirks and what weekends might look like.

Still exploring? Let the guides help you rule out what doesn't fit — and discover a few options you hadn't even considered.

These comprehensive resources are regularly updated, easy to scan and built for people at every stage of the decision process, whether you're moving next month or just dreaming of a change.

Where will your move take you? Get inspired, get informed and get headed down the path to your new beginning.



GET YOUR MOVE ON WITH OUR

Moving Supplies Checklist



Before you start packing, make sure you're stocked up on the right moving supplies. Having everything on hand not only saves time — it helps protect your belongings during transport.

From specialty boxes to bubble wrap, here's a quick look at the essentials for doing your own packing.



DON'T SKIP CLEANING SUPPLIES

You'll want to have everything needed to tidy up on hand, both for move-out and move-in. We recommend taking the essentials with you in your first night box so you have them when you arrive.

- Paper Towels
- Cleaning Products
- Mop
- Bucket
- Broom
- Gloves
- Trash Bags

Many cleaning supplies aren't allowed on moving trucks. Check our [non-allowables list](#) for details.

WHAT TYPE OF BOXES DO YOU NEED?

Not all boxes are created equal. To pack efficiently — and safely — you'll want a variety:

SMALL BOXES

Best for heavy or delicate items

MEDIUM BOXES

Great for cookware and small appliances

LARGE BOXES

Use for lightweight bulk (pillows, bedding)

WARDROBE BOXES

Keep clothes on hangers and wrinkles at bay

DISH AND GLASS PACK BOXES

Built-in protection for breakables

ELECTRONICS & HEAVY-DUTY BOXES

For fragile or heavy items



WHAT IF PACKING'S NOT YOUR BAG?

Prefer not to DIY? No problem — we've got you covered. Mayflower offers flexible packing options to fit your schedule and budget. With full-service packing, we'll even bring the packing supplies so you don't need to worry about it. Learn more about our full-service [packing and unpacking services](#).



OTHER PACKING MUST-HAVES

Beyond boxes, you'll want these on hand. Explore more with our complete [moving supplies checklist](#).



Packing tape + tape gun



Bubble wrap + unprinted paper



Scissors, markers + sticky notes



Zip-top baggies for hardware



Yoga mat to protect countertops

HOW MANY BOXES DO YOU NEED?

Not sure how many boxes you need for your move? Our full-service movers bring boxes based on the estimated weight of your shipment when you use our packing and unpacking services. However, if you're packing your belongings yourself, expect to need the following:

25-35
BOXES

1-BEDROOM
APARTMENT

40-60
BOXES

2-BEDROOM
APARTMENT

90-120
BOXES

4-BEDROOM
HOUSE

70-90
BOXES

3-BEDROOM
APARTMENT
WITH GARAGE

60-80
BOXES

2-BEDROOM
HOUSE

The Difference Between

Full-Service Movers and Brokers





BROKERS: THE GO-BETWEENS

A move broker is a middleman – not an actual moving company. Brokers don't own trucks or employ crews. They collect your information, estimate what your move will cost and contract it out to a separate moving company.

Brokers may appeal to people in a rush or on a tight budget. They can often book moves quickly and offer competitive pricing by shopping your job to various movers. Because brokers don't handle the move directly, they can't always tell you who will show up – or how your belongings will be treated. Pricing isn't locked in, and you may find the quote you were originally given has gone up. You may feel less in control of how your belongings are handled. And if something unexpected happens? Resolving the issue can prove more challenging.

FULL-SERVICE MOVERS: THE SINGLE SOURCE SOLUTION



A full-service mover like Mayflower is your all-in-one partner, responsible for your move from start to finish.

Its agents own the trucks, employ trained staff and offer a wide range of services, including in-home or virtual estimates, packing and unpacking, storage, car

shipping, and special handling for unique items. You can customize your experience, too. A full-service mover may also help organize and manage the progress of your move, like Mayflower does through the MyMayflower Move Portal.

Licensed interstate movers like Mayflower must also offer two levels of liability protection: Minimal coverage or full-value protection. These **options are crucial** in case of damage or loss.



ASK, NEVER ASSUME

In the case of move brokers, many people assume they've hired a mover only to find their job was outsourced to an unknown third party. This can lead to delays, added costs and poor communication. If there's any doubt, ask. They are required to tell you. That said, choosing a reputable full-service mover like Mayflower provides accountability, reliability and peace of mind. Getting a quote costs nothing – and it might prevent major headaches later.



BROKER GUIDELINES

It's important to note reputable brokers are required to comply with defined guidelines and procedures. For example, they must:

- Be registered with the FMCSA
- Provide **Your Rights and Responsibilities** When You Move and the **Ready to Move** brochure
- Disclose their list of affiliated movers
- Use only FMCSA-registered movers
- Base estimates on those movers' tariffs
- Arrange for a physical or Virtual Survey if within 50 miles (unless waived)

If any of the above rules aren't followed or provided, proceed with caution – you may find yourself being scammed.



We'll Always Have Your Back

We're America's Most Trusted Mover® for a very good reason: **We deliver.**

Dependable, quality service. Personal move coordinators.

Upfront pricing, customized services – and no surprises.

Whether you're moving to your first home, your forever home or any place in between, trust Mayflower to make the journey better.

*Every moment. **Every Step of the Way**®.*